Name:
Parent/Guardian:
Email:
Phone:
Child Age:
Tshirt( circle one):
YS YM YL AS AM AL
In Case of Emergency contact:
Phone:
My child was referred by:
Questions: Contact Lora McAdams

Questions: Contact Lora McAdams
770-651-6143

Lora.mcadams@douglas.k12.ga.us





I/We, the undersigned, do hereby assume all risk for injury to our child(camper). I/We release the Douglas County School System, Board of Education, and instructors from any liability as far as our child(camper) is concerned. I/We also grant permission for emergency medical treatment in the event I/We can not be reached.

Parent/Guardian Signature:

Date:\_\_\_\_\_



The AHS Coaching Staff and the AHS Cheerleaders invite you to attend our camp.

# 4th Annual Alexander Cougar Cubs Cheer Camp

# July 18-20

# 9am-12pm Ages 5-12

The Alexander High School Coaches and cheerleaders will teach you the fundamentals of cheerleading, including jumps, motions, stunting and tumbling. You will also put together a mini-routine to show your parents on the last day..





WHEN: July 18-20

WHERE: AHS OLD GYM

WHO: 5-12 year olds

TIME: 9am-12pm

COST: \$60 (includes t-shirt)

Concessions will be available for purchase during breaks

INSTRUCTORS: AHS cheerleaders and coaching staff.

Come dressed in shorts, t-shirt, tennis shoes and YOUR FAVORITE HAIR BOW!



## Registration Methods

### 1) MAIL:

Coach McAdams

6500 Alexander Pkwy

Douglasville, GA 30135

### 2) FAX:



Attn: Lora McAdams

770-920-4514

### 3) EMAIL:

Lora.mcadams@douglas.k12..ga.us



Thank you so much for your interest in Alexander Cheerleading and for supporting our program. We look forward to seeing you in July!

Sincerely,

AHS Coaching Staff

Lora McAdams: Head Coach

Courtney Walker: Competition

Leah Mathis: Var BB

Adrienne Griffin: JV FB

Nikki Smith: JV BB

