

# January 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<b>All Squads</b> All Comp Squads	<b>1</b> VarComp JV Comp	<b>2</b> Var FB JV FB	<b>3</b>	<b>4</b>	<b>5</b>
<b>6</b>	<b>7</b> Practice 4-6 Conditioning & Stunting	<b>8</b>	<b>9</b>	<b>10</b> Practice 4-6 Conditioning & Tumbling	<b>11</b>	<b>12</b>
<b>13</b>	<b>14</b> Practice 4-6 Conditioning & Stunting	<b>15</b>	<b>16</b>	<b>17</b> Practice 4-6 Conditioning & Tumbling	<b>18</b>	<b>19</b>
<b>20</b>	<b>21</b> M L King Day	<b>22</b>	<b>23</b>	<b>24</b> Practice 4-6 Conditioning & Stunting	<b>25</b>	<b>26</b>
<b>27</b>	<b>28</b> Practice 4-6 Conditioning & Stunting	<b>29</b>	<b>30</b>	<b>31</b> Practice 4-6 Conditioning & Tumbling		

# February 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<b>All Squads</b> All Comp Squads	<b>VarComp</b> JV Comp	<b>Var FB</b> JV FB		1	2
3	<b>4</b> Practice 4-6 Conditioning & Stunting	<b>5</b>	<b>6</b>	<b>7</b> Practice 4-6 Conditioning & Tumbling	<b>8</b>	<b>9</b>
10	<b>11</b> Practice 4-6 Conditioning & Stunting	<b>12</b>	<b>13</b> Practice 4-6 Conditioning & Tumbling	<b>14</b> Valentine's Day	<b>15</b>	<b>16</b>
17	<b>18</b> President's Day	<b>19</b>	<b>20</b>	<b>21</b> Practice 4-6 Conditioning	<b>22</b>	<b>23</b>
24	<b>25</b> Practice 4-6 Conditioning & Stunting	<b>26</b>	<b>27</b>	<b>28</b> Practice 4-6 Conditioning & Tumbling		

# March 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<b>All Squads</b> All Comp Squads	<b>VarComp</b> JV Comp	<b>Var FB</b> JV FB		1	2
3	<b>4</b> Practice 4-6 Conditioning & Stunting	<b>5</b>	<b>6</b> Practice 4-6 Conditioning & Tumbling	<b>7</b> '19-'20 Parent Tryout Meeting 6:30pm Cafeteria	<b>8</b>	<b>9</b>
10	<b>11</b> '18-'19 Cheer Banquet 6:30pm Douglasville Conference Ctr	<b>12</b> Practice 4-6 Conditioning & Stunting	<b>13</b>	<b>14</b> Practice 4-6 Conditioning & Tumbling	<b>15</b>	<b>16</b>
17	<b>18</b> Practice 4-6 Conditioning & Stunting	<b>19</b>	<b>20</b>	<b>21</b> Practice 4-6 Conditioning & Tumbling	<b>22</b>	<b>23</b>
24	<b>25</b> Practice 4-6 Conditioning & Stunting	<b>26</b>	<b>27</b>	<b>28</b> '19-'20 Cheer Registration Old Gym Lobby 4-5:30pm	<b>29</b>	<b>30</b>
31						

# April 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<b>1</b> <b>COMP Workshop</b> 4:30-6:30 Old Gym	<b>2</b> <b>Workshop</b> 4:30-6:30 Old Gym	<b>3</b> <b>Workshop</b> 4:30-6:30 Old Gym	<b>4</b> <b>Tryouts</b> 4-?? Old Gym	<b>5</b>	<b>6</b>
<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>
<b>14</b>	<b>15</b>	<b>16</b> <b>Parent Meeting</b> For all Squads Old Gym 7:00	<b>17</b>	<b>18</b>	Good Friday	<b>20</b>
<b>21</b> Easter	<b>22</b> Conditioning 4-5:30	<b>23</b> Conditioning 4-5:30 Clothes Fittings 4-6pm room 206	<b>24</b>	<b>25</b> Conditioning 4-5:30	<b>26</b>	<b>27</b>
<b>28</b>	<b>29</b> Conditioning 4-5:30	<b>30</b> Conditioning 4-5:30				

# May 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			<b>1</b> First Payment Due 4-5:30 in room 206	<b>2</b> Conditioning 4-5:30	<b>3</b>	4
5	<b>6</b> Conditioning 4-5:30	<b>7</b> Conditioning 4-5:30	8	<b>9</b> Conditioning 4-5:30	<b>10</b>	11
12 Mother's Day	<b>13</b> Conditioning 4-5:30	<b>14</b> Conditioning 4-5:30	<b>15</b>	<b>16</b> Conditioning 4-5:30	<b>17</b> Last day to order Summer Gear	18
19	<b>20</b>	<b>21</b>	<b>22</b>	<b>23</b>	<b>24</b> LAST DAY of SCHOOL	25
26	<b>27</b> Memorial Day	<b>28</b> Var Comp 2-4pm Old gym JV Comp 2-4pm Old Gym	<b>29</b> Var Comp 2-4pm Old gym JV Comp 2-4pm Old Gym	<b>30</b> Var Comp 2-4pm Old gym JV Comp 2-4pm Old Gym	<b>31</b> Var Comp 2-4pm Old gym	

# June 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	<b>3</b> Var Comp 9-11am Old Gym JV Comp 9-11am Old Gym	<b>4</b> Var Comp 9-11am Old Gym JV Comp 9-11am Old Gym	<b>5</b> Stunt Camp(Old Gym)	<b>6</b> Stunt Camp(old gym)	<b>7</b> Var Comp 9-11am Old Gym	8
9	<b>10</b> Varsity Choreo 9-11am New Gym	<b>11</b> Varsity Choreo 9-11am New Gym	<b>12</b> Varsity Comp 9-11am New Gym	<b>13</b> Varsity Comp 9-11am New Gym	<b>14</b>	15
16 Father's Day	<b>17</b> JV Comp 9-4 Cheer room	<b>18</b> Var Comp 9-11 Old Gym JV Comp 9-4 Cheer Room	<b>19</b> Var Comp 9-11 Old gym JV Comp 9-4 Cheer Room	<b>20</b> Var Comp 9-11 Old Gym	<b>21</b> ALL BUSINESS ADS DUE (THROUGH MCADAMS)	22
23	<b>24</b>	<b>25</b> Var Comp 9-11am old gym	<b>26</b> Var Comp 9-11am old gym	<b>27</b> Var Comp 9-11am old gym	<b>28</b>	29
30						

# July 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4 Independence Day	5	6
7	8 JV Comp 9-11am Old Gym	9 Var Comp 9-11am New Gym JV Choreo 9-3pm Old Gym	10 Var Comp 9-11am New Gym JV Choreo 9-3pm Old Gym	11 Var Comp 9-11am New Gym JV Choreo 9-3pm old Gym	12 Last day to place Fall gear order	13
14	15	16 Var Comp 9-11am Old Gym	17 Var Comp 9-11am Old Gym	18 Var Comp 9-11am Old Gym	19 <b>ALL PERSONAL ADS DUE</b> (THROUGH WEBSITE)	20
21	22 Var Comp 9-11am old gym JV Comp 9-11am Cheer Room Mini Cougar Prac. 3-5	23 Var Comp 9-11am old gym JV Comp 9-11am Cheer Room Mini Cougar Prac. 3-5	24 Mini Cougar Camp 8-12 Old Gym Var Comp 2-4 old gym JV Comp 1-2:30pm(Old gym)	25 Mini Cougar Camp 8-12 Old Gym JV Comp 1-2:30pm(Old gym)	26 Mini Cougar Camp 8-12 New Gym	27 <b>Program Pics. 9:00am</b>
28	29	30	31			

# August 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				<b>1</b> Pre Planning	<b>2</b> Pre Planning	3
4	<b>5</b> Pre Planning ALL FOOTBALL 3-5pm	<b>6</b> Pre Planning ALL FOOTBALL 3-5pm Var Comp 5:30-7:30 Old Gym	<b>7</b> FIRST DAY OF SCHOOL Jv comp 4-5:30 Old gym	<b>8</b> Var Comp 4-6 Old Gym JV FB 4-6pm Cheer Room	<b>9</b> JV comp 4-5:30 Old Gym	10
11	<b>12</b> Var Comp 4-6 old gym JV Comp 4-6 Old Gym	<b>13</b> Var FB 4-5 JV FB 4-5:30 Var Comp 5:30-7:30	<b>14</b> Var Comp 6:30-7:30am New Gym Jv comp 4-5:30 Old gym	<b>15</b> Var Comp 4-6 Old Gym JV FB 4-6pm Cheer Room	<b>16</b> JV comp 4-5:30 Old Gym	17
18	<b>19</b> Var Comp 4-6 old gym JV Comp 4-6 Old Gym	<b>20</b> Var FB 4-5 JV FB 4-5:30 Var Comp 5:30-7:30	<b>21</b> Var Comp 6:30-7:30am New Gym Jv comp 4-5:30 Old gym	<b>22</b> Var Comp 4-6 Old Gym Jv Comp 4-5:30 old Gym	<b>23</b> JV comp 4-5:30 Old Gym	24
25	<b>26</b> Var Comp 4-6 old gym JV Comp 4-6 Old Gym	<b>27</b> Var FB 4-5 JV FB 4-5:30 Var Comp 5:30-7:30	<b>28</b> Var Comp 6:30-7:30am New Gym Jv comp 4-5:30 Old gym	<b>29</b> Var Comp 4-6 Old Gym Jv Comp 4-5:30 old Gym	<b>30</b> JV comp 4-5:30 Old Gym	31



# September 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 Labor Day	3 Var FB 4-5 JV FB 4-5:30 Var Comp 5:30-7:30	4 Var Comp 6:30-7:30am New Gym Jv comp 4-5:30 Old gym	5 Var Comp 4-6 Old Gym Jv Comp 4-5:30 old Gym	6 JV comp 4-5:30 Old Gym	7
8	9 Var Comp 4-6 old gym JV Comp 4-6 Old Gym	10 Var FB 4-5 JV FB 4-5:30 Var Comp 5:30-7:30	11 Var Comp 6:30-7:30am New Gym Jv comp 4-5:30 Old gym	12 Var Comp 4-6 Old Gym Jv Comp 4-5:30 old Gym	13 JV comp 4-5:30 Old Gym	14 Competition
15	16 Var Comp 4-6 old gym JV Comp 4-6 Old Gym	17 Var FB 4-5 JV FB 4-5:30 Var Comp 5:30-7:30	18 Var Comp 6:30-7:30am New Gym Jv comp 4-5:30 Old gym	19 Var Comp 4-6 Old Gym Jv Comp 4-5:30 old Gym	20 JV comp 4-5:30 Old Gym	21 Competition Competition
22	23 Var Comp 4-6 old gym JV Comp 4-6 Old Gym	24 Var FB 4-5 JV FB 4-5:30 Var Comp 5:30-7:30	25 Var Comp 6:30-7:30am New Gym Jv comp 4-5:30 Old gym	26 Var Comp 4-6 Old Gym Jv Comp 4-5:30 old Gym	27 JV comp 4-5:30 Old Gym	28
29	30 Var Comp 4-6 old gym JV Comp 4-6 Old Gym					

# October 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		<b>1</b> JV FB 4-5:30 Var Comp 4:00-6:00	<b>2</b> Var Comp 6:30-7:30am New Gym Jv comp 4-5:30 Old gym	<b>3</b> Var Comp 4-6 Old Gym Jv Comp 4-5:30 old Gym	<b>4</b> JV comp 4-5:30 Old Gym	<b>5</b> Competition Competition
6	<b>7</b> Var Comp 4-6 old gym JV Comp 4-6 Old Gym	<b>8</b> JV FB 4-5:30 Var Comp 4:00-6:00	<b>9</b> Var Comp 6:30-7:30am New Gym Jv comp 4-5:30 Old gym	<b>10</b> Var Comp 4-6 Old Gym Jv Comp 4-5:30 old Gym	<b>11</b> JV comp 4-5:30 Old Gym	12
13	<b>14</b> Columbus Day Fall Break →	<b>15</b> Var Comp 6:00-8:00	<b>16</b> Var Comp 6:30-7:30am New Gym Jv comp 4-5:30 Old gym	<b>17</b> Var Comp 4-6 Old Gym Jv Comp 4-5:30 old Gym	<b>18</b> JV comp 4-5:30 Old Gym	<b>19</b> Competition Competition
20	<b>21</b> Var Comp 4-6 old gym JV Comp 4-6 Old Gym	<b>22</b> Var Comp 4:00-6:00	<b>23</b> Var Comp 6:30-7:30am New Gym Jv comp 4-5:30 Old gym	<b>24</b> Var Comp 4-6 Old Gym Jv Comp 4-5:30 old Gym	<b>25</b> JV comp 4-5:30 Old Gym	<b>26</b> Competition Competition
27	<b>28</b> Var Comp 4-6 old gym JV Comp 4-6 Old Gym	<b>29</b> Var Comp 4-6 old gym	<b>30</b> Var Comp 4-6 old gym Jv comp 4-5:30 Old gym	<b>31</b> Halloween		

# November 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2 Competition
3	4 Var Comp 4:00-6:00	5 Var Comp 4:00-6:00	6 Var Comp 6:30-7:30am New Gym	7 Var Comp 4:00-6:00	8	9 Region
10	11 Var Comp 4:00-6:00  Veterans Day	12 Var Comp 4:00-6:00	13 Var Comp 6:30-7:30am New Gym	14 Var Comp 4:00-6:00	15 State	16 State
17	18	19	20	21	22	23
24	25	26	27	28 Thanksgiving Day	29	30

# December 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25 Christmas	26	27	28
29	30	31				